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Weather Forecast		Today	High:31 Low:11
Saturday	High:30 Low:8	Sunday	High:37 Low:20

FRIDAY

Fort Riley Post



Community Partnership
Milford Elementary School recently received two special gifts from 1st Battalion, 41st Infantry Regiment.

See Page 7

January 10, 2003

America's Warfighting Center

Vol. 46, No. 2



Sgt. Geoffrey Black, Company B, 125th Forward Support Battalion, guides a 10-ton Heavy Expanded Mobility Tactical Truck (HEMTT) onto a railcar. Approximately 190 railcars were loaded with about 600 vehicles, ranging from tanks to Humvees, Jan. 6 for 3rd Brigade's deployment to the National Training Center, Fort Irwin, Calif. The soldiers are scheduled to this weekend. The training exercise is expected to last for one month.

Tricare beneficiaries alerted about theft

Tricare Release

The TRICARE Management Activity, Falls Church, Va., announced Dec. 23, 2002, that computer equipment and files were stolen on Dec 14, 2002, from its TRICARE Central Region health contractor, TriWest Healthcare Alliance Corp., Phoenix, Ariz.

TriWest contracts with the Military Health System to provide health services to servicemembers, their families and retirees. The equipment and files were used to help deliver health care services to prime beneficiaries residing mostly in Colorado, Idaho, Iowa, Kansas, Minnesota, Missouri, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming, Arizona, New Mexico, Nevada and extreme Western Texas.

According to the TMA's press release, Dec. 23, 2002, the total impact of the theft is still being assessed and the case is under investigation by the Defense Criminal Investigative Service, FBI and other law enforcement agencies.

The DoD regrets any inconvenience this incident might cause. After learning of the theft from TriWest, DoD began working with them to ensure uninterrupted delivery of medical benefits in the

wake of the break-in. As more information is known about the theft, DoD will ensure that TriWest will be in touch with affected beneficiaries.

TriWest is contacting affected individuals and has established a toll-free number and an e-mail address for TRICARE beneficiaries who have questions about what they need to know and do. Beneficiaries may call toll-free (888) 339-9378 or e-mail questions to computertheft@trivest.com

All prime beneficiaries should receive a letter from TriWest notifying them of the theft and what to do to protect themselves. Affected beneficiaries on Fort Riley have begun to receive letters from TriWest.

Beneficiaries are encouraged to protect themselves by contacting each of the three major credit bureaus to place a fraud alert on their credit file and to get copies of their credit reports. The fraud alert will let creditors know to contact you before opening any new accounts or making any changes to your existing accounts.

Once you receive your reports, check each of them carefully for any unauthorized accounts or other unexplained debts.

Affected beneficiaries should

See Theft Page 3

Smallpox vaccination mandatory for all servicemembers

FORSCOM and IACH Reports

With the threat of smallpox being used as a bio-weapon against our military forces, the commander-in-chief, President George W. Bush, in December ordered all Department of Defense military personnel to line up and get a smallpox vaccination.

Forces Command soldiers might start lining this month for their mandatory shots, according to the FORSCOM Surgeon. Just like the anthrax vaccine, smallpox will be mandatory because of force health protection issues.

"It will be implemented soon here at Fort Riley to protect our servicemembers from this dreaded disease," said Capt. (Dr.) Robert Russell, chief of Preventive Medicine, Fort Riley Medical Department Activities. "For those previously vaccinated, regardless of how long ago it was administered, they will require a booster."

The Centers for Disease Control and Prevention believes that immunity from a previous smallpox immunization diminishes within three to five years, with a maximum period of protection for 10 years.

Irwin Army Community Hospital is taking steps to educate soldiers and their families of the expected or potential side effects from the vaccination, he said. "The hospital is here to serve the servicemem-

bers and their families to ensure that all questions and concerns are fully answered."

"Everybody reads the papers, everybody watches CNN," Col. Phil Stikes, FORSCOM preventive medicine officer, said. "It's pretty obvious why we need it. We think potential enemies might have it."

More detailed implementation details will be worked out in the coming weeks.

Soldiers already deployed around the world in support of current operations will also be vaccinated, Stikes said.

"We're prepared to ship vaccine wherever, whenever," he said.

A limited number of DoD civilians who have been designated emergency essential will be asked to get a smallpox vaccination.

The vaccine contains a live virus, but it is not smallpox. Instead, the vaccine is made from another pox virus, one closely related to smallpox. But because the vaccine is made from a live, actively growing virus, there are certain key points to remember, Stikes said.

"Key points to remember after being vaccinated are don't touch the spot where the needle was stuck and don't let other people touch it," he said. "If the vaccination spot does get touched, wash your hands right away."

Touching the vaccination site can cause

the vaccine to not take or spread the pox used in the vaccine to other areas of the body, according to Stikes. That can cause serious problems, especially near eyes or other moist areas of the body.

The vaccination site will be bandaged following the shot, but the bandage can be taken off when the bleeding stops, Stikes said. Disposing of the bandage is easy. Just put it in a plastic bag with some bleach and throw it away.

When in close contact with others, though, it is best to keep a bandage over the vaccination site, Stikes said. It's also okay to do PT after being vaccinated, just make sure you bring your own towels for showering. That towel and any other clothes that touch the vaccination site will then have to be washed in hot water with soap and bleach.

People with compromised immune systems, who have had eczema or atopic dermatitis, have other skin conditions that have not yet cleared up or who are pregnant or breastfeeding should not get the smallpox vaccination, Stikes said. Also, if you live with anyone who meets those conditions you should not get vaccinated.

If soldiers meet these medical exclusions and do not get the smallpox vaccination, they are still deployable, Stikes said.

See Smallpox Page 5

Smallpox Fast Facts

The Vaccine

Don't touch the site of the smallpox vaccination. If you do, wash your hands. The smallpox vaccination is safe, with low incidence of serious side effects or death. Normal side effects include fever, chills, body and headache and soreness at the vaccination site.

Getting the smallpox vaccine is mandatory for all soldiers unless medically exempt. Soldiers who are medically exempt from getting the smallpox vaccination are still deployable.

The Disease

Smallpox is a serious disease, with a 30 percent chance of death. Survivors are often badly scarred and, in rare cases, blinded by the disease.

Smallpox symptoms include high fever, body rash, vomiting and head and body aches.

For more information, visit www.bt.cdc.gov/agent/smallpox/index.asp or www.vaccines.army.mil/smallpox.asp.

Smallpox vaccination screening questions

Be prepared to answer several questions when you line up to get your smallpox vaccination. The screening process' purpose is to ensure only those soldiers who don't have health issues that could be compromised by the vaccine get the shot.

Are you or do you live with someone who is pregnant?

Did you ever receive a smallpox vaccine?

Are you currently ill with a fever?

Have you ever had a reaction to a vaccination?

Do you have any skin conditions?

What medications do you take?

What medications do the people you live with take?

Air field not meant for PT

By William Biles

Staff Writer

Marshall Army Air Field is a necessary asset to Fort Riley, and the primary user of the runway is the 82nd Medical Company's Air Ambulance. Since the advent of Fort Riley becoming a warfighting center, Army National Guard units from around the country, also use the active runway (runway 04/22) on a regular basis for their annual training, mobilization and demobilization. Recently, people have been observed running on the active runway during the late afternoon and evening hours, said Chief Warrant Officer Philip McIntosh, installation aviation safety officer, Air Field Operations Detachment.

"This could be disastrous for several reasons. First, and most obvious, is the fact that if an aircraft is getting ready to depart or return, there is a real possibility of personal injury and equipment damage if a helicopter strikes a person on the runway," said McIntosh.

It's just a matter of using common sense, he said. "I don't think many people would consider going to Manhattan Regional Airport and running on the runway for exercise, and they shouldn't consider it at MAAF either," stated McIntosh.

See Air Field Page 2

Suggestion program gives rewards for ideas

By Jamie Bender

Staff writer

Have you ever wondered why the Army does things a certain way when to do it another way would make so much more sense?

Do you have an idea that would conserve materials, time, money or manpower? Do you have a suggestion that would improve morale, increase productivity, efficiency or accuracy?

The Army Suggestion Program, formerly Army Ideas for Excellence, rewards soldiers and civilian employees for their ideas. Rewards are given in cash or prizes and are based on how much the Army benefits from the suggestion.

Army Regulation 5-17 provides a standard method for employees to use to submit ideas. The regulation also explains the

evaluation procedures. According to the regulation, ASP is intended to encourage employees to improve present policy, practices and regulatory constraints that do not facilitate good management and are not needed in time of war. The ASP is designed to improve morale by providing an opportunity for soldiers and employees to take part voluntarily in the improvement of management within the government.

Anyone who works for the Army is eligible to submit ideas. This includes direct hire Army civilian personnel who are paid from appropriated funds, active duty soldiers, Reserve soldiers who are in an active Reserve status, Army National Guard members in federal service and non-Army federal employees who are paid from appropriated funds, including members of military

branches. Retired or separated employees and soldiers are also eligible if their ideas were entered into the ASP system while they were in an eligible status.

A group of people may also submit an idea together. The group may include individuals who are ineligible to receive monetary awards. If an award is given to a group, the award is divided equally among all eligible group members or based on the relative contributions of each group member. All members of the group must sign the idea and names may not be added or deleted without the written consent of all the members.

To be considered for acceptance, an idea must be submitted in writing using DA Form 1045.

The DA form 1045 can be found online by going to <http://www.riley.army.mil/view/ar>

[ticle.asp?id=336-2002-05-24-43463-36](http://www.riley.army.mil/view/ar/ticle.asp?id=336-2002-05-24-43463-36) and clicking on the link at the bottom of the page. A form can also be requested from the Directorate of Resource Management, building 512, said Carol Schrader, management analyst.

Once your idea is submitted at Fort Riley, it begins the evaluation process on a local level. "The local office determines the area of primary interest, and the idea is then forwarded to that area. For instance, an idea about the range would go to G-3. That area determines whether or not to forward the suggestion for Army wide evaluation," said Schrader.

A suggestion must be submitted within 90 days if it has already been informally put into effect.

The idea must also benefit the Army or another United States government activity. The problem

See Suggestion Page 5

SFOR troops send helicopters, humanitarian aide to Balkans

By Jamie Bender

Staff writer

Soldiers from the 108th Aviation Regiment transported Black-

hawk and Apache helicopters to Texas recently for preparation for travel to Bosnia as well as humanitarian aid supplies as part of Stabilization Force 13.

The aircraft were flown to

Beaumont, Texas, to be loaded onto ships to move to Germany where they will stage to go to Bosnia, said Sgt. Todd Willbanks, avionics technician.

The mission in Bosnia is a peacekeeping mission, said Willbanks. "We are to ensure freedom of movement to the people of Bosnia and help them get their civilian police force in order."

The process of moving aircraft overseas by ship involves several steps.

In Texas, the blades of the helicopters are folded so they are over the tail, said Staff Sgt. Scott Newhart, flight platoon maintenance supervisor, 82nd Medical Company, who has experience moving helicopters to various places. "It's a process that takes about a half hour to 45 minutes,"

he said.

Once the blades are folded, the non-painted metal surfaces and the surfaces that are more likely to corrode are lubricated, Newhart said. "There are surfaces that we normally watch for corrosion. These surfaces are coated because of the exposure to salty sea air," he added.

Finally, the aircraft is wrapped to protect it. "The whole helicopter is shrink-wrapped. It is covered in plastic and a heat gun is used to seal it up," said Newhart. "That protects them from any salt water they might be exposed to on the boat."

Along with the aircraft, humanitarian supplies were also packed and readied for transport to Bosnia.

The supplies included blankets,

clothing, shoes and school supplies, to name just a few.

People in the Salina area donated the items, said Sgt. Mike Rectenwald, civilian military affairs specialist, 108th Av. Regt. "Items were donated by schools, churches, private citizens and local department stores," said Rectenwald.

The items will be distributed in Bosnia to schools, refugee camps and an orphanage, Rectenwald said. "There are many people that need these things," he said. "I am

happy that we are able to bring needed supplies to people that might not otherwise have them."



Post Bender

The 108th Aviation Regiment transported Blackhawk and Apache helicopters to Texas recently for preparation for travel to Bosnia as part of Stabilization Force 13.

Air field continued from page 1

Another thing to consider is that the Military Police see it as much of an offense as running through one of the gates or breaching the installation perimeter illegally, McIntosh said.

Consequences can include being charged for unlawful entry if you are a military member, which means being apprehended and having to be released to your 1st Sergeant or commander, he said.

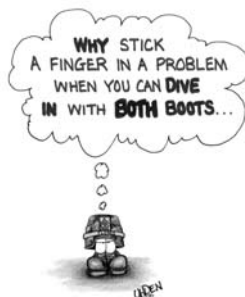
If you are a civilian dependent,

your sponsor and that sponsor's unit will get involved if you are caught on the air field, McIntosh added.

McIntosh advises anyone who wants to conduct PT or go for a walk with a dog to use the road that circles around the back side (northeast) of the air field.

"Do not go into the interior of the air field or near the runways. Stay safe and use common sense when running at MAAF," concluded McIntosh.

Grunt By Wayne Uhden



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MP Detachment demobilizes

By William Biles
Staff Writer

The 6025th Military Police Detachment 2 held a ceremony at the King Field House Dec. 13 for the unit's demobilization.

The 6025th MP Det. 2, which is part of the 6025th Garrison Support Unit stationed at Marshall Army Air Field, was activated on Sept. 28, 2001, to support the 924th MP Battalion.

The detachment was mobilized to backfill the 924th MP Bn., and Provost Marshals Office due to the active unit's deployments.

"Our mission here is complete," said Lt. Col. Brian Larson, commander, 6025th MP Garrison Support Unit. "Both of the MP companies from Fort Riley have returned from their missions, so they don't need the additional MP support anymore. Now we get to go home."

The unit, while activated at Fort Riley, became fully integrated with the 924th MP Bn., by providing soldiers to conduct Law Enforcement operations on the installation to include; patrol duties, liaison, MP Investigations, traffic control, Game Warden, Bike Patrol and Station Commander sections.

The 6025th MP Det. 2 have adopted the name 'Replacements' since their mission calls them to move in and replace active duty soldiers in the Army's time of need, said Lt. Jerry Reitan, assistant S3 and ceremony narrator, 924th MP Bn.

During the ceremony, the soldiers of the 6025th were presented with awards for providing extensive law enforcement and force protection support to the Fort Riley community during their activation.

Among the awards given, was the Meritorious Service Medal, which was awarded to Lt. Col. Larson and Master Sgt. Michael Pautler, G-3.

Other awards given were the Army Commendation Medal and the Army Achievement Medal.

Recipients of the ARCOM Medal were Lt. Allen Askew, Master Sgt. Oscar Ruiz, Staff Sgt. Robert Demague, Staff Sgt. Charles Porter, Staff Sgt. Mark Franzen, Staff Sgt. Linney Clark, Staff Sgt. Timothy Kundiger and Spc. Jacob Wilson.

Recipients of the AAM were Master Sgt. James Thompson, Sgt. Megan Tsen, Sgt. Michael Brennenman, Sgt. Jake Cobler, Sgt. Nichole Fry, Sgt. Travis Dangerfield, Sgt. Charles Schreck, Sgt. Angela Nichols, Spc. Chad Govier, Spc. Edgar Torres, Spc. Marcleann Hewins, Spc. Elicel Borges, Spc. Timothy Wacker, Spc. Thomas Edwards and Spc. Robert Spagnuolo.

Once the awards were all given out, Spc. Spagnuolo lowered the unit's guidon in order for Askew and Ruiz to roll up and case the colors.

The unit colors will stay cased until the unit is reactivated again in support of the nation as the 6025th MP Det. 2.



Lt. Allen Askew and Master Sgt. Oscar Ruiz roll their unit's colors up to be cased at the 6025th MP Det. 2 Demobilization Ceremony at King Field House Dec. 13.

Talk Around Town

"When you go to the field, what do you miss most?"



"I miss taking showers the most."



"I don't really miss anything being a single soldier, plus I like the field training here at Fort Riley. It's awesome!"



"When I'm in the field, I miss relaxing."

Spec. Audrey Korner
82nd Medical Company

Pvt. 2 Michael Walter
977th MP Company

Spec. Daniel C. Moser
568th Combat Support Equipment

Theft continued from page 1

also contact the Social Security Administration Fraud Hotline at 1-800-269-0271. The SSA website also has information about Social Security number theft and misuse at www.ssa.gov

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Briefs

March planned

The Division Equal Opportunity Office will sponsor a commemoration march in honor of the late Martin Luther King Jr. on Wednesday, at Morris Hill Chapel from 11:30 a.m.-1 p.m. The theme for this year is "Remember! Celebrate! Act! A Day On, Not A Day Off!" The program is open to all soldiers, their families, civilian employees and the surrounding communities. For more information please contact Fort Riley EO Office at 239-2928.

Prayer Breakfast

The Fort Riley National Prayer Breakfast will be held on Feb. 27, 6:30 - 8 a.m., at King Field House. The guest speaker is Chaplain (BG) David H. Hicks, Deputy Chief of Chaplains. Tickets are available through command sergeants major. The suggested donation is \$6. Parking is limited. Shuttle service will be available from Riley's parking lot beginning at 5:30 a.m.

Childcare Price Increase

Effective Feb. 1, child care fees will be changed in accordance with Department of the Army guidance. A fee sheet for the Child Development Center and School Age Services programs is located on the Central Enrollment Registry section on the Fort Riley web page. Fees are used to pay the salaries of the staff that provide direct care to the children and youth. The important factors in quality of child and youth pro-

grams are trained staff, strong standards and oversight through inspections. These features mean that you as the customer receive your money's worth and more - the highest possible quality programs for your children and youth.

Two changes in the way the fees are calculated will give some dual military couples and lower income families a price decrease. First, CAT I has been increased from \$0-\$23,000 to \$0-\$28,000. All other categories will remain the same. Secondly, dual military patrons, regardless of where they reside (on or off-post) will only be required to include the BAH II (married with dependents rate) of the senior ranking member in calculating their Total Family Income.

Open Recreation (hourly) fees for the SAS will increase from \$1.25 per hour to \$1.50 per hour, and hourly care in the CDC will remain at \$2.50 per hour. For those hourly patrons in CAT I, the hourly fees will be \$1.25 in SAS and \$2 in the CDC. Fees for 11-ball, baseball, softball, and basketball will increase to \$30 per season per child.

Cancer Support Group

The Fort Riley Cancer Support Group meeting will be Feb. 5, 6 p.m., at Irwin Army Community Hospital, first floor, in the patient waiting area of the Combined Surgery Clinic. Participants are asked to bring any news articles pertaining to their cancer diagnosis. Military service members, their family members and Department of Army Civilians are wel-

come to attend. Participation is encouraged for persons who were recently diagnosed with cancer, family and friends of persons with cancer, and cancer survivors. The Fort Riley Cancer Support Group meeting is usually held on the first Wednesday of the month. For more information, call 239-7163.

Local OCS Board

Packets need to be turned into Soldier Actions, building 7806, no later than Jan. 29.

The Local OCS Board will convene on Feb. 12 at 8 a.m., building 8068. For more information, call Spec. Daniel Briones, 239-5901.

Marriage Enrichment Class

Want to make a good marriage better? Want to better understand your spouse? Want to have your spouse better understand YOU?

Come learn how to deal with misunderstandings and how to stop the argument cycle at the monthly Marriage Enrichment Class on Jan. 25, 10 a.m. - 1 p.m. at the Soldier and Family Support Center, room 30. Free child care is provided, if you bring your child's shot records.

Register by Jan. 23 by calling 239-3436. Presented by Chaplain (MAJ) Paulson, the Fort Riley Family Life Chaplain.

Hunter Education

The Outdoor Recreation Center, building 9011, will be hosting a Kansas Hunter's Education class Jan. 30 and 31 and Feb. 1.

Class will be 5:30 - 9:30 p.m. on Jan. 30 and 3, and 9 a.m. - noon on Feb. 1. Interested students can sign up at the Outdoor Recreation Center or call 239-2363. The class is free of charge.

Holiday Refuse Schedule

The holiday refuse schedule will be in effect Jan. 20 - 24 in observance of Martin Luther King day. The schedule is: Jan. 20 - No pickup; Jan. 21 - Colyer Manor, Main Post and Marshall Field; Jan. 22 - Ellis Heights, O' Donnell Heights and Peterson Heights (north of Thomas Avenue) and dumpsters at buildings 27, 28, 45, 470, 471, 540, 541, 620, 510 and 5309; Jan. 23 and 24 - No change from regular schedule.

Leave Donation

Several Fort Riley employees are experiencing a personal or a family medical emergency and are facing a period of more than 24 hours of Leave Without Pay. Due to the Privacy Act, we are unable to expand on specific medical reasons; however, we can tell you that the following individuals have requested that their names be released in order that they may receive donated leave: Anna Ostrowski-DRM-CPACLT0309, Lori Domina-G1-CPACLT0306, Gary Barrick-G3-CPACLT0220, Jeanne Noss-HQ GARRISON-CPACLT0301, Berry L. Morton-MEDDAC-CPACLT0308, Marretta Lewis-MEDDAC-CPACLT0224, Richard Price-PAO-CPACLT0310, Scott Melch-

er-PW-CPACLT0302, Don Webb-PW-CPACLT0305, Niel Silt-ton-SJA-CPACLT0214, Mozelle Corbin-SWCPOC-CPACLT0304 and CeCelia Liggett-5th Army, 75th-CPACLT0311.

To donate annual leave to any of the individuals listed above, please complete OPM Form 630. This form is located on the CPAC Intranet web site under "Forms." Completed forms should be forwarded to: Sonja Elzy, CPAC. For additional information on leave donation procedures, please contact your Activity's Administrative POC.

National Radon Action Month

Radon is a health risk facing millions of Americans. January has been designated by the U.S. EPA as National Radon Action Month. Radon testing is done for on-post housing by the Fort Riley, Directorate of Environment and Safety and Army Family Housing, Radon Program. If you live off post, you can purchase radon test kits for \$7, plus shipping and handling fees, from the Riley County Health Department, 785-776-4779, 2030 Tecumseh Rd, Manhattan, KS. For more information, call DES 239-8604.

Pregnancy PT

Pregnancy Physical Training is held every Monday, Wednesday and Friday on the basketball court at Long Fitness Center, 8069 Normandy Dr. 6:30 - 7:30 a.m. The program is designed to serve the special needs of the pregnant soldier by providing appropriate

physical training and a health education program. Pregnancy PT supports the Fort Riley units by offering consistent health guidance for pregnant soldiers.

Every Tuesday, is an hour-long education program, which is held in the Education Bay fourth floor of Irwin Army Community Hospital, from 6:30 - 7:30 a.m. Short presentations by health care staff members cover a variety of topics, such as infant car seats, skin care during pregnancy, and the common discomforts of pregnancy.

Spouses, or men and women who are the support persons for the pregnant soldier are welcome to attend. Participation in the Pregnancy PT program is encouraged although participation isn't mandatory. For more information, call Sgt. Carrie M. Jensen at 239-4260/177 or leave a message at 762-7012.

Thrift Shop

The Thrift Shop would like to wish you a Happy New Year! Come and see the wide selection of clothes, military uniforms, housewares, furniture, jewelry, music, sporting goods and lots more.

There are many volunteer opportunities available! All volunteers are

reimbursed for childcare and they also have first choice of the new items. The Thrift Shop is located in building 267, Stuart Ave., 784-3874.

Hours of operation are 9:30 a.m.-2:30 p.m. Tuesday, Wednesday and Thursday and 10 a.m. - 1 p.m. on the first Saturday of each month.

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More Briefs

The Shoppe

Happy New Year from The Shoppe! The Shoppe's vendors and crafters would like to thank the community for all of their support in 2002. The Shoppe had a very successful and is kicking off the new year with a "winter blais" sale Jan. 15 - 29. Come in and receive 10 percent off! (Some restrictions apply)

The Shoppe is located in building 259, Stuart Ave., 239-2783. Our hours of operation are 10 a.m. - 2 p.m., Tuesday - Saturday.

Volunteers needed

The Historical Board is recruiting docents for the Custer House and Fort Riley tours. There will be a training session Jan. 17, 9:30 a.m. - noon, at the Cavalry Museum. Contact Jane Plessl, 717-3285, to register for the training.

Prenatal classes offered at IACH

The Women Infant Care Center of Irwin Army Community Hospital is offering a new series of prenatal classes, "The Gift of Motherhood" on Jan. 18, 9:30 a.m. - 1:30 p.m., 3rd floor classroom. Expectant mothers, between their 12th and 40th week of pregnancy are eligible to attend. The prenatal classes are free and each participant will receive a personal copy of the book, "The Gift of Motherhood" to take home. Expectant mothers are asked to bring their spouse, significant other or birth coach. The class is limited to 20 participants. The prenatal classes will continue to be held on the third Saturday of every month at IACH. For more information, please call Maj. Susanna Itarra, 239-7434. To register for "The Gift of Motherhood" prenatal classes, please call the Fort Riley TRICARE Service Center at 784-

1200 or toll free is 1-888-874-9378.

Support Group

The Pregnancy Loss and Infant Death Support Group meets monthly, every third Thursday, 6 p.m., at Kapaun Chapel. The next meeting will be held Dec. 19, 6 p.m. Parents who have experienced miscarriage and infant death are invited to come. Call Chaplain Mike Wood, 239-7872, for more information.

ACAP Job Fair

The Army Career and Alumni Program is sponsoring a Job Fair Jan. 31, 9 a.m. - 1 p.m., in the ACAP Center in building 210, room 7, Custer Avenue on Main Post. There will be local, national and international employers present to talk with and interview prospective employees. A list of

employers invited to this Job Fair will be posted in the ACAP Center. Watch for updated list. To prepare for the Job Fair you should, research the companies that you would like to talk to, have your resumes ready (if you have not finished your resume, come anyway, you can always send your resume later), come dressed appropriately for the interview and look and be sharp. Visit or call the ACAP Center, 239-2278/2248, for more information.

Advanced AFTB Training

Army Family Team Building training scheduled for winter includes: Advanced AFTB on Jan. 22. This class will include Intermediate Problem Solving and Time Management. Another Advanced AFTB class will be held Feb. 5, and will include Mil-

itary Grade and Command Structure and Understanding the Organization of the Total Army. Information on other AFTB classes can be found at the Family Readiness Center, building 7264. Classes will be held at the FRC from 6:30 to 8:30 p.m. Call 239-9435 for more information or to reserve a spot in any and all classes. Reservations are not necessary, but are preferred.

AFTB Classes

Do you know where to go for benefits? Do you know your options after retirement? Do you know the LES has changed?

Do you know answers for new dependents who have questions? Do you know what the Army expects of you? Army Family Team Building can show you all the benefits and tools available to you as a military family member. Whether you've been with the

Army for six months or six years, AFTB can help.

WHO: Soldiers, Spouses, Family members and Civilians WHAT: Free AFTB Level One Classes WHEN: Two Fridays per month from 11 a.m. to 2 p.m. Class dates are today and 24, Feb. 7 and 21 and March 7 and 21 at the Armed Services YMCA, 111 East 16th St., Junction City.

Register or just find out more information by calling the AFTB office at 239-9435. Parents needing FREE childcare will be taken on a first to register, first served basis, so you must pre-register for FREE childcare by calling 239-1831 no later than one week prior to the class.

Mail training

Unit Mailroom Service Training will be conducted Jan. 22, 8 a.m. - 4:30 p.m., building 319, CPAC. Pre-enrollment is required, 239-5411.

Suggestion continued from page 1

or situation must be stated, along with the solution proposed. There must be enough reason to support the suggestion.

Ideas concerning housekeeping practices, personal comfort and minor safety are not eligible for consideration. Complaints about government policy and practices are likewise not eligible. To be eligible, an idea must demonstrate that the changes you recommend will in some way benefit the federal government. The idea submitted

also cannot be totally within the submitter's normal job duties or responsibilities.

Awards are based on the first year net savings or benefits. Net savings are the first year's benefits, less the cost of implementing the suggestion. According to the regulation, a statement of estimated or actual benefits should be provided. This information is required for all adopted ideas.

The minimum cash award is \$25 and the maximum is \$25,000.

The president can add an additional \$25,000 award.

The United States Army Operations Support Command is now giving non-monetary awards in place of the \$25 and \$50 awards. Items for the \$25 award include a set of two golf umbrellas, a set of three cooking/serving bowls, a toolbox, a duffel bag or a professional notepad. In the case of a \$50 award, two of the \$25 items may be selected or the recipient may choose from a Portable 5.5

inch Black and White Television, a full channel capacity UHF/VHF, an AM/FM radio or a three-way power source.

If an idea is not accepted, the submitting party will receive written notification and a copy of the evaluation explaining why the idea was not approved. If the submitting party can provide evidential data that the evaluator made an error in fact or logic, a request for reconsideration of the idea may be submitted. The request must be

made in writing and include the evidence of error or provide new information.

When an idea is submitted, some conditions are accepted when you sign the form. If the Army adopts your idea, you will be paid for it, and it then becomes property of the Army.

This means that the Army can use your idea, and by accepting payment for it, you give up further claim to it by yourself or your heirs.

At the same time, you keep exclusive rights to the idea, beginning from the time your idea is entered into the ASP system and ending two years after it is either adopted or you receive notification that it will not be adopted.

This prevents another employee or the government from using the idea without giving you proper recognition.

COTTONWOOD THEATERS

1 x 3"
Black Only
Post Schedule

Smallpox continued from page 1

If there were a smallpox outbreak, however, medically excluded soldiers would have to roll up their sleeves and take the shot.

"In the event of a smallpox outbreak, their vaccination status would be reevaluated," Stikes said.

For soldiers who do not meet the exclusion criteria, refusal is not an option. If soldiers refuse the vaccination, the first step will be to educate them on the risks of smallpox, Stikes said.

Since this is a force health protection issue, continued refusal will most likely be considered failure to follow a lawful order.

Side effects for the smallpox vaccine are usually mild, according to Stikes.

They include sore arm, fever, headache, body ache and fatigue and peak after eight to 12 days following vaccination.

If soldiers have any concerns or experience any discomfort or side effects beyond those normally expected with the smallpox vaccination, then they should seek medical advice, Stikes said.

"It's better to be safe than sorry," he said.

You can tell if your vaccination was successful if you see a red, itchy bump form at the vaccination site.

"In the first week, the bump becomes a pus-filled blister," Stikes said. "Then, in the second week, a scab forms. The scab falls off in week three and leaves a small scar."

Although rare, there are some serious side effects possible from the vaccine, Stikes said.

Out of one million people, 1,000 will have serious but not life-threatening reactions, 14 to 52 people will have serious skin

reactions or brain inflammation and one or two people may die.

"If it's one in a million for the general population, it will be one in a million for us," he said. "We're a subset of the population."

A thorough and careful screening process, though, will be in place to ensure those at increased risk will not receive the vaccination, Stikes said.

The process is still being refined at this time and streamlining it is also in the works.

And as for the potency of the vaccine to be used, storage duration has had no ill effects, Stikes said.

"It's been freeze-dried," he said. "The vaccine has been tested for potency. Smallpox vaccine lasts a really long time."

The last time the vaccine was used to protect against naturally

occurring smallpox was 1977 in Somalia. After that outbreak, the wild, naturally-occurring strains of smallpox were eradicated.

Wild or man-made, smallpox disease symptoms are the same. Smallpox symptoms begin with high fever, head and body aches and possibly vomiting, according to Stikes.

A bumpy rash follows. The bumps crust, scab, and fall off after a few weeks, leaving scars.

Following exposure to smallpox, the risk of death is high. Thirty percent of infected people die. For some survivors, there is the risk of blindness.

"It's a bad disease," Stikes said. "Don't get it."

Smallpox is commonly spread by face-to-face contact with an infected person, especially one who is coughing.

The virus travels in the cough's droplets of moisture.

USAA- ARM FORCES COMM.

3 x 10"
Black Only
Out here/1-10 & 1-24

MANHATTAN AREA TECHNICAL COLLEGE

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CISCO NETWORKING

FT. RILEY NATIONAL BANK

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telephone banking





Korea 50 years ago - Front frozen, air war heats up despite cold

By Jim Caldwell
Army News Service

Successful bombing runs on supply and communications centers near Kumsong and the Siberian border opened the new year, 50 years ago this week in Korea.

Jan. 2-8, 1953 — The communists do not carry out the offensive they bragged about in their late December propaganda efforts along the front. In fact, there is only limited ground action during the first eight days of 1953, and scattered exchanges of fire between small units from both sides.

Jan. 2 — The war in the air is not slowed by the winter weather. After hitting targets around Pyongyang New Year's Day, U.S. B-29s hit supply and communications centers near Kumsong and close to the Siberian border in northwestern Korea.

Jan. 3 — F-86 Sabrejets damage six of 50 MiGs they engage south of the Yalu River.

North Korean radio reports on Kim Il Sung's New Year message Jan. 3. Kim said, "American imperialists have suffered a shameful defeat in Korea." He said, though, that the United States "disrupted the armistice talks in an attempt to extend the military venture."

The following day Chinese Premier Chou En Lai renews germ war charges against the United States.

Republic of Korea President Syngman Rhee visits Tokyo as a guest of Gen. Mark Clark, U.N. Supreme Commander Jan. 5-7. While there he meets with Japanese Prime Minister Shigeru Yoshida. Rhee says on his arrival that both countries must "forget the past" and join forces against communism. Before leaving Japan on

Jan. 7, he says the talks "achieved more than I had anticipated."

The average Korean still deeply resents the Japanese because of their occupation of Korea until the end of World War II.

Jan. 5 — The first MiG kill of 1953 comes during a B-29 raid on more enemy sites around Pyongyang. The second comes when the big bombers attack enemy facilities in northwestern Korea Jan. 7.

Jan. 6 — A force of 100 allied tactical fighters hit enemy troop and supply areas near Kanggye in northwestern Korea, 30 miles from Manchuria.

Jan. 7 — The Defense Department announces that on Jan. 2 the

American casualty count in Korea stood at 128,530 with 31,627 dead.

The Medal of Honor is awarded posthumously to Army Cpl. William F. Lyell, of Old Hickory, Tenn., who was killed while wiping out three enemy positions.

The POW Command announces that a communist prisoner, attempting to throw a message over a compound fence on Kojoe Island, was shot and killed Dec. 30.

Jan. 8 — After below-freezing temperatures Jan. 3-4 discouraged both sides from venturing out of their shelters, two main allied

efforts occur on Jan. 8. On the east coast, ROK troops blow up a tunnel in Anchor Hill that the enemy used for shelter and for stashing supplies. American forces attack an enemy-held hill near Panmunjom, wiping out fortifications with tanks and flamethrowers.

The Navy reveals that the battleship Missouri is on its third tour in Korean waters and has shelled enemy positions on the west coast.

Fort Riley continues to be a Korean War Commemorative Community through 2003.



Combined Federal Campaign concludes

By Jamie Bender
Staff writer

The Combined Federal Campaign ended on Fort Riley Dec. 11 after being extended an additional three weeks.

The CFC goal is to raise money for local, national and international charities.

As of close of business Dec. 11, the total amount raised was almost \$190,000. That is about 94 percent of the \$200,000 goal set for this year.

The campaign was extended twice in consideration of units that were training in the field or deployed, said Dori Farrow, chief, Administration and Operations, Directorate of Community Activities.

People can still contribute to the CFC. "We won't turn anyone away," said Farrow. "Donations are still being collected. We are only \$10,000 away from making our goal. Late donations are normal, and we could still reach the goal of \$200,000."

According to the Office of Personnel Management's CFC website, each year federal employees and military personnel raise millions of dollars that benefit numerous non-profit charities throughout the world.

Some of the local agencies benefiting from the campaign are the Armed Services YMCA, Civil Air Patrol, Geary County Chapter of the American Red Cross, Girl Scouts of Kaw Valley and the Manhattan Emergency Shelter.

For more information about how to donate late contributions, call Marshall Meek of the United Way at 238-2117.

LEES WESTERN WEAR
2 x 2"
Black Only
1/3,10,17,24,31 TP lee's west.

KANSAS PRESS ASSOCIATION, INC.
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Black Only
W 122a RV/1-7 & 1-10

KANSAS PRESS ASSOCIATION, INC.
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HEARTLAND TRADING CO.
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after christmas sale

PARAMOUNT-ARMED FORCES
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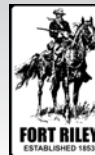
ROOM GROUPEXPRESS
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fridge in post for jan. Room

CENTRAL MICHIGAN UNIVERSITY
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central michigan jan 03

In Step on Channel 2

6:30 a.m. In Step
8 a.m. In Step
Noon In Step
6 p.m. In Step
10 p.m. In Step

Fort Riley Community



January 10, 2003

America's Warfighting Center

Page 7



Fourth grader Mary Borjas salutes as the flag is raised and students sing "You're a Grand Old Flag" during a ceremony at Milford Elementary School.

Community Partnership Unit, school unite to motivate, learn

By Lori Bultman
Editor

Milford Elementary School recently received two special gifts from 1st Battalion, 41st Infantry Regiment. The first was a check for \$2,200 to benefit the school's library. The second was an American flag that the school had given the unit to fly over their camp during their recent deployment to Kuwait.

The 1st Bn., 41st Inf. Regt. has been in a partnership with Milford Elementary School since October 1999, said Command Sgt. Maj. Charles Griffin, command sergeant major for 1st Bn., 41st Inf. Regt. "Every year we have raised money to assist the school with their library."

Last year the unit raised \$1800, and this year while in Kuwait they raised \$2,200 for the school, Griffin said. The money was raised through an Organizational Day at which the unit had booths and even a mock jail where soldiers could pay to have others "arrested."

As part of the schools support to the troops, they sent a flag to the unit while they were deployed to Kuwait. The unit had the flag framed after flying it over their deployment camp and presented it back to the school at a ceremony Dec. 16.

The soldiers were ecstatic to get the flag and to have it with them in Kuwait," Griffin said. "Knowing that our kids were back here going to school, and enjoying the freedom they have, gave us that extra charge



Students at Milford Elementary shake hands with soldiers from 1st Bn., 41st Inf. after the unit presented the school with the flag flown over their camp in Kuwait.

that enabled us to do our job better." "It makes us feel like we really are part of the community," Griffin said.

"To see the expression on the children's faces when we come out here to do this, and to present the money and see them when they get the new books for the school, its really good for everyone concerned."

Griffin said that the partnership is beneficial to all involved.

"The kids are great and we have a great rapport with the school. It is just a great partnership, and anytime we can do things for the youth of the country and the youth of the com-

munity it makes us feel really good."

"It has just been a blessing," Greg Lumb, principal, Milford and Morris Hill Elementary Schools, said.

"They (the soldiers) have been so supportive, and this is just another example of the support they have provided us."

"We are a small school and a small community," Lumb said, "and most of the children have a personal connection, with having family members in the military. It is something we think about, and it is a part of our daily lives."

Lumb was surprised by this year's donation.

"We were surprised by the amount of money the soldiers are donating this year," he said.

"We should be able to buy 150 or more books with that." The partnership has been a rewarding and educational experience for the students

and the soldiers.

"We have supported the soldiers on their various missions around the globe and then they have come back and shared with us," Lumb said. "They have shown their appreciation for our support, and this is the third year they have offered support for the library."

For a small school, Lumb said, it is a blessing to have that type of reward and partnership.

"I think it gives the students a deeper understanding of the partnerships we have with the military and the things that they do for us personally and for our country."

New TRICARE mail order pharmacy scheduled to open in March

By Rudi Williams

American Forces Press Service

More than 400,000 military pharmacy mail order customers will be switched March 1, 2003, to a new TRICARE Mail Order Pharmacy program, according to Army Col. William D. Davies of the TRICARE Management Activity, Falls Church, Va.

Services will continue under the National Mail Order Pharmacy contract until Feb. 28, 2003, he noted. The next day, March 1, Express Scripts Inc. will provide services under the new TRICARE Mail Order Pharmacy program, Davies said.

Express Scripts Inc. of Maryland Heights, Mo., won the \$275 million, five-year contract in September to provide mail order pharmacy services for TRICARE beneficiaries.

The director of DoD pharmacy programs, Davies said beneficiaries who have refills remaining on prescriptions on March 1 will be transferred to Express Scripts so they can continue ordering medications on time, with a few exceptions.

"We can't transfer narcotics or other controlled substance prescriptions. Nor can we transfer compounded prescriptions — those that are physically prepared by the pharmacy," said Davies, a registered pharmacist with more than 23 years of active duty service.

Medication that requires refrigeration is shipped through priority mail or a courier service, such as FedEx, the pharmacist said. "That's one reason we don't send medications that require refrigeration to APO and FPO addresses overseas," he noted.

TRICARE beneficiaries living and

working overseas can use the mail order pharmacy if they have an APO, FPO or a U.S. embassy address. But the prescription must be written by a provider licensed to practice in the United States.

In early January, current users should receive a post card announcing the new services. That will be followed by a mailing, which will include a registration form, a description of benefits and a brochure covering the TRICARE program.

Those eligible to use the current mail order program or the retail pharmacy will be able to use the new TRICARE mail order program. New customers have to register for the program. Information will be provided through the TRICARE service centers, military treatment facilities pharmacy as well as their marketing points of contact.

The usual delivery time for medication

is five to seven days. The easiest way for patients to ensure they don't run out of their medication is to have the provider write for up to a 90-day supply with up to three refills. The beneficiary can request a refill once 75 percent of the medication has been used.

"So about day 70 into their medication, they can request a refill," Davies said. "That provides them a cushion."

He said all medication is screened for potential drug interactions or therapeutic overlaps that could produce an adverse drug reaction. He said patients' complete beneficiary profiles are entered into the Pharmacy Data Transition Service, which enhances patient safety by keeping their medication records current, on file and readily available.

The new contract saves taxpayers' dollars because it calls for purchasing drug products at federal prices. Best federal

prices are at least 24 percent below average commercial wholesale prices Davies estimated.

The TRICARE Management Activity will manage the new contract. The current, national contract has been managed by the Defense Logistics Agency's Defense Supply Center in Philadelphia.

Patients can fill prescriptions three ways: by direct care at military treatment facilities, or the retail pharmacy network or the mail order program, Davies noted. The direct care system serves the bulk of the beneficiary population, he said. About 2.5 million beneficiaries use the retail pharmacy network because they don't have access to a military facility.

Most of the 400,000 beneficiaries who use the mail order program do so for chronic medication or maintenance medication needs, Davies said.

See Pharmacy Page 8

Martin Luther King Jr. Day celebration planned

The 24th Infantry Division (Mechanized) and the Fort Riley Equal Opportunity Office are sponsoring a celebration on Martin Luther King Jr.'s birthday, Jan. 15.

The celebration will be at Morris Hill Chapel, 11:30 a.m. - 1 p.m., and will include an invocation and speech re enactments. There will also be a one-mile march that begins and ends at Morris Hill Chapel, followed by free food sampling.

"I would encourage people to attend the event for unity and education," said Sgt. 1st Class Jennifer Boyd, equal opportunity advisor, 24th Infantry Division and Fort Riley. Boyd also encourages everyone to learn about those who have contributed to America's history. "The Civil Rights Movement helped the United States as a whole, making a lot of progress not only for African Americans, but also for other minorities and women."

The event is open to the public. For questions concerning the Martin Luther King Jr. celebration, contact Boyd at the Equal Opportunity Office, 239-3379 or 239-8433.

Commissary "road show" helps Guard, reservists

DeCA Release

FORT LEE, Va. - Guard and Reserve members are urged to take advantage of their "24 days to save" by adding commissary shopping to their list of New Year's resolutions. A family of four shopping regularly in the commissary can save more than \$2,400 in 2003 suggest officials at the Defense > Commissary Agency. Guard and Reserve members and their immediate families are entitled to 24 commissary shopping days, but to take advantage they need valid military ID cards and a current Commissary Privilege Card.

Activated Guard and Reserve personnel and their family members can enjoy > unlimited shopping in the commissary by showing their ID card and active duty orders. During active duty periods, they do not need the CPC to shop.

At DeCA, where the focus is on making sure authorized shoppers are aware of their benefits,

Guard and Reserve members are considered key customers.

"To help them keep their resolution to save money, some commissaries will have a 'road' to offer case lot sales," said Bob Vitkaas, DeCA executive director of operations. "We will be followed by a mailing, which will include a registration form, a description of benefits and a brochure covering the TRICARE program." Those eligible to use the current mail order program or the retail pharmacy will be able to use the new TRICARE mail order program. New customers have to register for the program. Information will be provided through the TRICARE service centers, military treatment facilities pharmacy as well as their marketing points of contact.

The usual delivery time for medication

February," said Bill Shea, store director, Naval Air Station Meridian, Miss., commissary.

David Sanborn, store director, Fort McCoy, Wis., commissary, said, "We have a case lot sale for the Wisconsin Air National Guard at Volk Field scheduled in May and we're also planning a sale for the Army Reserve at Fort Snelling and the 934th Air Reserve at Minneapolis Airport (co-located at the airport) - if we can get a building large enough!"

The Commissary Privilege Card (DD Form 2529) is issued annually in December to Guard and Reserve members by their units. The card contains blocks to record dates of the 24

authorized shopping days during

the calendar year. Commissary personnel date and initial a block on the card for each day. Personnel who have not received a CPC for their "24 in 2003" should contact their unit immediately. Neither commissaries nor DeCA are responsible for issuing CPCs.

"Gray area" Reserve component personnel - those who have retired from the Guard or Reserve but who are not yet 60 - also need the CPC in order to take advantage of their 24 annual commissary shopping days. Commissary Privilege Cards for "gray area" personnel are mailed annually from locations where their military personnel records are retained. For more on the CPC and Guard and Reserve shopping eligibility check the information page at http://www.commissaries.com/guard_reserve.htm.

A "fact sheet" on commissary savings for Guard and Reserve is located under "What's New" at <http://www.commissaries.com>





Winners announced

By Reed Scott

DCA

On the night of Dec. 17, four personnel from DCA ventured out and judged holiday lights throughout Fort Riley. The judging was part of the Celebrate the Holidays event, which has become an annual tradition.

There were two different contests that were part of the overall event. DCA received entries as early as mid-November for both contests. In the Holiday Card Competition, directorates and activities from across Fort Riley were invited to make a large, outdoor card with a holiday theme. In a close decision, the Directorate of Public Works card was determined to be the winner. They received a traveling plaque that they can proudly display until at least next year's contest.

In the Home Decorating Competition, families from all Fort Riley housing units were challenged to come up with the best decorated home in their area.

Home decorations were judged based on the overall appeal of the exterior decorations and those that best demonstrated the spirit of the holidays. Only those families that submitted an entry form were considered for the competition. Each winning home received a gift basket on Dec. 19 and a sign for their yard proclaiming their home the best decorated.

Holiday Decorating Contest winners

Carpenter - Riley Family Housing	Matt & Dawn Boehnke
Colyer East Family Housing	Mayleen Garcia & Family
Colyer West Family Housing	Helen Day & Family
Ellis Heights Family Housing	Lee & Penny Black
Forsyth - Marshall Family Housing	Lynn Schwartz & Family
McClellan Heights Family Housing	Joan Hall & Family
Meade Heights Family Housing	Melanie Klem & Family
Montieth-O'Donnell Family Housing	Kevin & Adra Bouden
Peterson Family Housing	Roger Boker & Family
Scott - Stone Housing	Melissa Burson & Family
North Warner Housing	Patrick Farrelly & Family

Student wins area Peace Poster contest

By Jamie Bender

Staff writer

Club representative. This year the winner will also go to Colorado for the international convention of Lions International," he said.

A local non-profit organization, Lions International, sponsors an annual Peace Poster Contest, and a student from Fort Riley Middle School won this year's competition. The winning poster, created by Wesner Pierre, an 8th grader, has been sent to Holton, Kan., to be considered for the state level of competition, said Dan Rickman, co-chairman of the Peace Poster Contest.

The theme for this years contest was Dream of Peace. Students created posters that expressed the theme without words. According to the Lions International website, at www.lionsclubs.org, posters are judged on originality, artistic merit and expression of the theme.

At the international level, judges from the art, literary and youth community select 24 posters. Another panel of judges selects the grand prize winner from these 24, and the remaining 23 are merit award winners.

The contest's grand prize includes a cash prize of \$2,500 and a trip to Lions Day at the United Nations in New York City, said Rickman. "The trip includes two family members and a Lions

Normandy Theater

Tonight:

7 p.m.
Harry Potter -
The Chamber of Secrets
(PG)

Saturday:

7 p.m.
The Emperor's Club
(PG-13)

Sunday:

7 p.m.
The Truth About Charlie
(PG-13)

Thursday:

7 p.m.
Extreme Ops (PG-13)

Ticket prices:
Adults - \$3
Children - \$1.50

Non-citizen soldiers can apply for citizenship now

By Jamie Bender

Staff writer

President George W. Bush issued an executive order last July allowing all non-citizen servicemembers with honorable military service since Sept. 11, 2001, to apply for citizenship immediately.

Before the order, servicemembers were required to have three years of service before applying for citizenship.

While non-citizen soldiers at Fort Riley can immediately apply for citizenship, the process takes between five and 12 months, said Spec. Daniel Briones, Immigra-

tion and Naturalization Service and compassionate reassignment clerk, Company D, 15th Personnel Services Battalion. "The biggest misconception people have is that as soon as they fill out the paperwork, they will be citizens. It is a longer process than that," said Briones.

Soldiers applying for citizenship fill out a packet of paperwork that includes forms such as the N400. The N400 form is four pages long and asks for information about things like nationality, dependents and physical attributes. The packet also includes a release form that allows the gov-

ernment to investigate the individual's background, said Briones. Once the packet is filled out, it is sent to the INS.

"The INS will send them an appointment to be fingerprinted. It can be done at the Topeka or Junction City Police Department or with the Military Police," Briones said.

After the fingerprinting is done, the applicant receives an interview appointment with INS.

The cost for the naturalization process is \$310. "The cost for civilians is much more because they have to pay for the fingerprinting and everything. Some-

times a lawyer needs to be involved," said Briones.

Briones, who is from Mexico, is currently waiting for his citizenship. "The biggest challenge is paying the fee," he said. "The paperwork itself is not hard at all."

For more information or an appointment, Briones can be reached at 239-5901 between 1 and 3 p.m. Applicants need to bring their resident alien card and their military identification to their appointment. Applicants can also call INS at 1-800-375-5283 or 1-800-767-1833, for more information.

Pharmacy continued from page 7

"We want beneficiaries who have long-term medication needs to consider using the mail order program. It provides up to a 90-day supply of most medications for a single co-pay, whereas they only receive a 30-day supply for a single co-pay in the retail network pharmacy system," he said.

Under the TRICARE Mail Order Pharmacy system, the co-pay for up to a 90-day supply for most medications is \$9 for branded products or \$3 for generics. Exceptions include controlled substances, and active duty members pay no co-pays.

For more information, including a complete section on the co-pay structure, visit the TRICARE Web site at www.tricare.osd.mil. Reservists can check the site for details of their benefits under the program.

Beneficiaries can also use the Express Scripts Inc. Web site by clicking on the DoD seal at www.express-scripts.com after the site debuts Jan. 15, 2003.

ACAP Job Fair planned

The Army Career and Alumni Program is sponsoring a Job Fair Jan. 31. The event will take place from 9 a.m. to 1 p.m., in the ACAP Center on Main Post, building 210, room 7, Custer Avenue.

Local, national and international employers will be present to talk with and interview prospective employees.

Job seekers are encouraged to research the companies that you would like to talk to.

Have your resumes ready and come dressed appropriately for an interview.

Visit or call the ACAP Center, 239-2278/2248, for more information.

The Vinnell Corporation is a government contractor with the U.S. Army and a Vinnell representative will be in the job fair.

For additional information on Vinnell, please visit their website.

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Diabetics/1-7 & 1-10

Geico
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KANSAS PRESS ASSOCIATION, INC.

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Black Only
Job Announcement/1-7 & 1-10

BRIGGS SUPERCENTER

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Black Only
1/10pt PO # 151718 briggs aspe

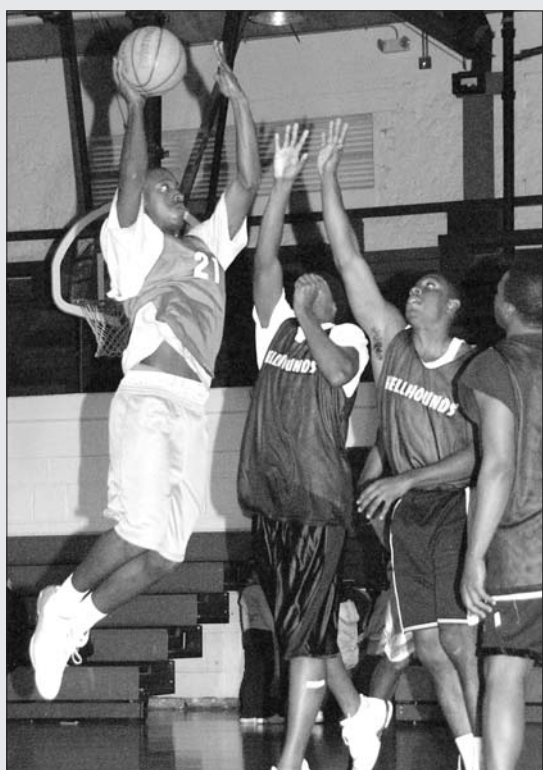


Fort Riley Sports

January 10, 2003

America's Warfighting Center

Page 9



Anthony Levine, 1st Battalion, 13th Armor, drives for two points against a group of defenders from 2nd Battalion, 70th Armor during the 2002 Fort Riley Holiday Basketball Tournament Dec. 20 at King Field House.

2-70 Armor wins in holiday play

By William Biles
Staff Writer

Soldiers from 1st Battalion, 13th Armor, squared off against soldiers from 2nd Battalion, 70th Armor, in the final game of the 2002 Fort Riley Holiday Basketball Tournament at King Field House Dec. 20. The 2nd Bn., 70th Armor team won the game, 63-59.

The final game was a slugfest between the two groups of tankers, where the gap between the teams' scores never exceeded 14 points.

In the first half, 1st Bn., 13th Armor team took the lead early and was able to hold onto it until the close of the first 20 minutes.

During the game's half-time break, the 2nd Bn., 70th Armor team regrouped, and the players came out strong in the second half.

Through good ball handling, accurate passes and some key steals the 2nd Bn., 70th Armor team closed to within six points of the lead.

"We stayed with our man-to-man coverage and moved the ball better and got better shots," said Thamaian Drayton, Headquarters and Headquarters Company, 2nd Bn., 70th Armor.

After a string of three-point field goals made by Drayton, 2nd Bn., 70th Armor, captured the

lead and never looked back.

"Those shots really turned the tide of the game," said Drayton. "They're the type of shots were, if you make them, they're big and if you miss them, you might go under. It was a real back-breaker for them because they didn't defend the three-point line real good."

The 2nd Bn., 70th Armor team epitomized the meaning of 'Team work' by catching up to, and ultimately winning, the tournament against a team whose players are physically bigger than they are.

"That was a hard fought game," Drayton said.

"They were a real good team with really good perimeter guys and big men," he said. "They had a good mixture of their big men on guard, which made it really hard to defend against them."

The 2nd Bn., 70th Armor team attacked as a team and were able to defend and score when needed to get the job done, Drayton added.

"In the second half, they (2nd Bn., 70th Armor) showed up and played," said Craig Grant, coach, 1st Bn., 13th Armor. "In the second half, they put up a lot of three-pointers that we shouldn't have given up, but did."

"It was a good tournament and we had fun, we'll just have to get them in the regular season now," Grant concluded.

Pre-holiday flag football game meant to rally 70th Eng. troops

By William Biles
Staff Writer

Officers and noncommissioned officers from the 70th Engineer Battalion were in the field honing and executing their battlefield strategies against each other during a field problem Dec. 20.

However, this field problem had a twist to it. The battlefield was the gridiron of Sturgis Field and the strategies were offensive routes against defensive formations of a flag football game.

Officers and NCOs from the 70th Eng. Bn. squared off against each other in the unit's annual flag football game to inspire camaraderie and heighten morale.

"It helps the morale, not just between the officers and the NCOs but, for the whole unit," said Sgt. Cory "Spike" Owens, combat engineer, Company B.

The NCOs were quite determined to win the outing due to losing the event for two years running, said Owens. "We have a good shot this year of bringing the trophy home," he said.

This game is one of the best team building events the unit holds each year, said Lt. Col. Bjarne Iverson, commander, 70th Eng. Bn. "It's a clean fun game between the NCO Corps and the Officer Corps."

This game has come at an opportune time for the unit, with it being the Christmas season and with them getting ready to deploy to the National Training Center, Fort Irwin, Calif., Iverson said.

The game itself was all one-sided for all four quarters of play. The officers were unable to put any points on the scoreboard while the NCOs were able to amass 22.

To have watched the game, one might believe the NCOs were out to prove something.

"This is redemption for the last two years," said 1st Sgt. William K. Allen, Company A. "We came to this game with a real aggression, playing more aggressive on defense as opposed to last year," he said. "We set the parameters of the game by telling the refs how we planned to play, and they went along with it."

However, not everyone playing thought the game was won by the sheer determination of the NCOs.

"They just got lucky," said Lt. Tuhalafatai "Tui" Ntutupuivaha, executive officer, Company C.

"I've been here for two years, and this is the third game I've played in. The first two games we won, but we lost today. So I have to give it to them, they did a great job. But they got lucky," he said.

In past games, the competition

between the officers and NCOs has been close, said Sgt. 1st Class Jimmie Culley.

"I've been here for three years now, and we lost the last two years in close games. It feels good to have kicked some butt in this one," he said.

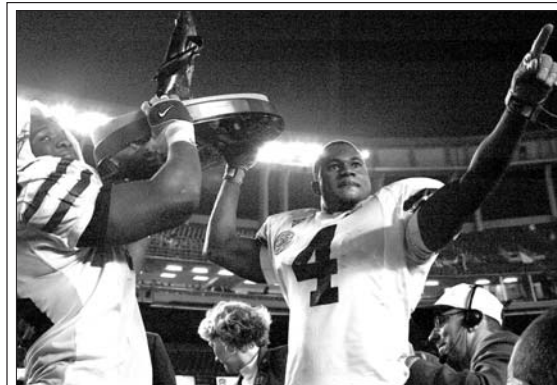
Two key factors to the utter domination of the day's game can be attributed to the NCOs focus on winning the game and the fact that the officers were missing some players this year, Allen said.

"This year we put some organization into the team, whereas last year we didn't. For the past couple of years we had about 80 NCOs who would come and just play, but this year we used some organization, and I think that was

See Football Page 10



Staff Sgt. (P) Michael Hubbard, platoon sergeant, Company C, 70th Engineer Battalion, throws a pass during the unit's annual Kodiak Flag Football Game Dec. 20.



K-State linebacker, Terry Pierce, and defensive back, Terence Newman, display the Holiday Bowl championship trophy to thousands of Wildcat supporters Dec. 27, after defeating the Arizona State University Sun Devils. K-State's Holiday Bowl record remains undefeated at 3-0, and the school ends the season with an 11-2 record.

Feeding birds can help them make it through winter months

By Gibran Suleiman
DES Biologist

According to recent census reports, what activity did 65 million Americans spend more than 5.2 billion dollars on? Would you have guessed feeding birds?

Maintaining bird feeders for wild birds has long been a favorite pastime of many Americans, both young and old. Although feeding birds is of course a simple concept, there are many important details one should be aware of in order to enjoy the ultimate feeding experience.

While feeding can help birds make it through the winter, it can also cause a couple problems. The most common problem is that feeders can become disease reservoirs. Salmonella is just one diseases that can be found at dirty feeders. The best way to prevent the spread of

disease is to keep all feed stations clean and dry. When looking to buy a feeder, those are important things to consider.

Another problem is that birds visiting feeders placed near large picture windows will occasionally fly into the window, which often times is deadly. Hanging items, like a plant, behind the window can help solve this problem. Not only will feeders attract songbirds, but they can also attract cats and raptors. Ways to minimize the cat problem are to put a bell on the cat's collar or to place the feeder in an open area. A dog in the yard generally won't scare away the birds but can make an effective feline deterrent. Bird eating raptors, such as the sharp-shinned hawk, will occasionally pay feeders a visit. This is generally a rare occurrence and is simply part of

nature. Plus, it adds a little excitement to the bird feeding action.

There are many different types of feeders and different foods out there. The preferred standard feeder for the local area is a covered hopper style feeder. It

will attract chickadees, cardinals, titmice, juncos, sparrows and jays. Many birds prefer to eat off the ground and just eat the seed that has spilled from the feeder.

If one is looking to attract goldfinches, a tube feeder filled with thistle is the way to go. Offering peanuts will get the cardinals, jays and titmice coming in. Of all the seeds available, nothing is a bigger favorite than the black oil sunflower seeds. In a lot of cases, birds will kick out

most of the other grains and just eat the sunflower seeds. One consideration when feeding sunflower seeds is that the hulls can create quite a mess. The hulls should be cleaned up occasionally, before they start to decay. For the high spenders, sunflower seeds can be purchased with the hulls removed. Having a suet basket near a seed station is

a great way to attract woodpeckers. Suet blocks can be purchased in the garden section of most department stores. One inexpensive homemade feeder you can put up in the yard is a peanut butter pinecone feeder. Simply put a spoonful of peanut butter on some wax paper and mix in different kinds of seed. Then, take a butter knife, or something similar, and start filling in the spaces on a big pinecone. The finished product can be

tied to hand from a tree branch.

As winter weather worsens, more birds will rely on feeders. After periods of heavy snow or ice storms birds may not be able to find natural foods and will be completely reliant on feeders. This is why it is very important to keep a bird-feeder full at all times.

Birds also have a much higher metabolism than mammals, and they have to drink water rather frequently. The addition of a birdbath near a feed station can make the area even more attractive to birds.

Heating elements can be purchased to keep the water from freezing. Like the feeders, it is important to keep birdbaths clean.

If you have any questions concerning the outdoors, call the Conservation Division at 239-6211.



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The Information, Ticketing & Registration office is located in building 6918 (across from the PX). ITR's hours of operation are Monday - Friday 10 a.m. - 7 p.m. The office is closed weekends and holidays. For further information, call ITR at 239-5614 or 239-4415. Also, check out the Department of the Army Leisure Travel website at www.offdutytravel.com for more great deals on travel.

Universal Studios

Hollywood Heroes Salute - Active U.S. military personnel, including members of U.S. Coast Guard, National Guard and Reserves, will receive a free one-day admission into Universal Studios Hollywood with the purchase of a full-price adult pass. Plus, you have an opportunity to purchase tickets for family and friends at a 50 percent discount (limit of 6 tickets). This offer is available exclusively at the Universal Studios Hollywood ticket booths. For further information, stop by ITR.

Holland America

Many Holland America Caribbean cruises are available for less than \$100 a day, starting for as little as \$499. These deals are so good that even a spacious suite with private verandah can be enjoyed for well under \$1,000. Savor the finest amenities in contemporary dining, verandah suites, alternative restaurants,

full-service spas and gyms, Club Hal children's program, internet access, complimentary 24/7 room service and much, much more.

Colorado Ski Packages

Military discounts are available for Colorado lift tickets. Let ITR put together a ski package for you.

Winter Park Resort

Looking for the perfect Colorado mountain experience? Look no further than Winter Park, a haven for skiers and snowboarders hungry for great terrain and the deepest powder of any major ski resort. When it comes to snowfall, almost nobody gets more than Winter Park. Can anything top their snow? Probably not. But, their lodging and lift ticket packages make Winter Park more affordable than ever.

Breckenridge Ski Resort

With over 171 registered buildings, Breckenridge boasts one of Colorado's largest historic districts. Breckenridge is consistently rated as one of the most exciting mountain resorts in the world. Visitors can choose from outstanding fine-cuisine restaurants, cozy bistros and outrageous dance clubs. With over 200 shops, art galleries and restaurants, Breckenridge offers something for everyone.

Keystone Mountain Resort

Ski or snowboard on Keystone Mountain until 8 p.m. or ride the River Run gondola to Point for lift served tubing, snow biking and snow shoeing under the lights. Enjoy live après-ski music at Keystone Village - providing great lodging, dining, shopping and nightlife.

Vail Ski Resort

Blue Sky Basin's 645 acres of naturally gladdened terrain features blankets of deep powder and groomed tree runs. With the addition of three high-speed quads serving Blue Sky Basin, Vail continues to offer the most extensive terrain and lift network in the country. Upgrades to the snow-making system allows for better early-season coverage. Vail is one of the best après-ski and late-night towns in the country.

Adventure Ridge offers on-mountain fun for the whole family with tubing, snow biking, thrill sledding, ice-skating and more.

Snow Creek Learn to Ski Tour

If you ever wanted to try the sport of skiing or wanted a fried to learn...now is the time! On Monday and Feb. 10, ski in historical Weston, Mo., located 15 minutes from KCI airport. Snow Creek has 100 percent snowmaking

capabilities. Cost is \$20 and includes a special rope tow ticket (valid for beginners area only), complete set of rental equipment, beginner lesson and transportation. Skiers wishing to use the chairlift can purchase a discount lift ticket through ITR. Snowboarding also available. Limited space, so make reservations early. Tour is "FREE" to BOSS (Single Soldiers).

KCI Roadrunner

The Kansas City International Airport shuttle provides door-to-door service. Military discounts available. Make your reservations at ITR and commission will be paid back to the Morale, Welfare and Recreation Fund.

Sleep to the Slopes

Sleep to the Slopes is the theme of ITR's most popular trip packages. Two, three and four-day trips are offered most weekends throughout the ski season. Trip includes transportation on deluxe sleeper motor coach, hotel or condo lodging and lift tickets for each ski day. On the 40-passenger sleeper motor coach two people face another two people, with a table in-between creating a booth. There are 10 booths on the coach. The seats on this coach convert into bunk beds allowing passengers to lie down horizontally and catch some sleep while driving across Kansas at night. Wake up rested and ready to ski or snow-

board the next morning. An example package would cost \$466.00 per person for three ski days and would include lift tickets for three days, hotel accommodations and transportation via sleeper bus. Call ITR for dates and package prices.

Union Station

Union Station, Kansas City, is a wonderful place to explore history and science. Your best value is a Science City Passport that includes Science City and two shows. In the city, dance with a Samba band, walk through the inside of a human body, see new science demos and explore the traveling exhibit Robotics in the Exhibit Gallery. Explore the magic of the circus in Circus Magicus-the traveling exhibit. See a giant-screen movie or planetarium show. Take a guided tour of the building and visit the history exhibit- Candy, Coffee and a Smile. Discount tickets are now available through ITR.

Commercial Leisure Travel

ITR can now assist you with leisure commercial travel. Make your plans early for better pricing and ticket availability. A computer KIOSK is available at ITR for customer use in booking airlines through the Internet, or call ITR for assistance in booking your commercial travel.

Czars 400 years of Imperial Grandeur

All the drama and intrigue of 400 years of Russian history comes alive in Topeka. The State Historical-Cultural Museum-Preserve "Moscow Kremlin," one of the most prestigious museums of Russia, is proudly presenting this exhibition in the new permanent Kansas International Museum now through March 15. Discount tickets available through ITR.

Football continued from page 9

one of the key factors to the victory today," he said.

Overall, the game seemed to have promoted unit camaraderie between the officers and NCOs. There were many smiles and laughs from both sides of the field as they shook hands after the game.

The 70th Eng. Bn., NCOs received their trophy from Iverson during the unit's morning formation Jan. 2.

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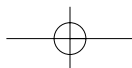
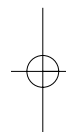
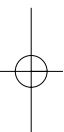
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